



School of Sensual Massage

Courses Events Community

COUPLES / FOUNDATION TRAINING

Couples' Sensual Massage Foundation Course

Learn together, practise together and bring new confidence, creativity and pleasure to your intimate relationship.



A proper course, not simply a taster

This private, teacher-guided course teaches **both partners** the essential skills of giving a full-body sensual massage. Through verbal tuition, demonstrations, guided hands-on practice and feedback, you will learn how to introduce more variety, anticipation and thoughtful erotic foreplay into your relationship.

6 hours of tuition: two 3-hour sessions on separate days (recommended), or a condensed 5-hour session on one day by prior request.



Learn the Art of Giving Together

The Foundation course is structured learning for couples who want more than a one-off experience. Colin explains the principles behind each technique, demonstrates movements and guides you as you practise on one another. Both partners learn to adapt the massage to the person receiving it.



What you will learn

The foundations of sensual touch

Preparation, relaxation, confident hand movements, pressure, rhythm, flow and a comfortable full-body sequence.

Understanding arousal and anticipation

How physical and emotional context, pacing, teasing and communication can influence pleasure and intimacy; recognising that individual responses differ.

Creative foreplay and connection

Ways to bring more playfulness, variety and affectionate touch into intimate time together, without making intercourse or orgasm the goal.

Consent and responsiveness

Discussing preferences and boundaries, reading feedback without assumptions, checking in and adjusting touch to suit each partner.

You take turns as giver and receiver, so both of you develop practical experience and a better understanding of what feels good to your partner.



How the Course Works

Recommended: Two sessions, two days

Session 1 — 3 hours: Introduction to sensual massage, communication and arousal; demonstration and supervised practice of core techniques, with one partner learning to give.

Session 2 — 3 hours: Review and refinement, further practical skills and role reversal, so the other partner also learns to give a complete, personalised massage.

Alternative: One extended day

A condensed **5-hour** version can be arranged by request. It covers the Foundation essentials in a more concentrated format, with less time for reflection between sessions.



More than the Couples' Experiential Session

The Experiential Session is a guided introduction focused on the experience of giving and receiving.

Foundation is a structured course: it provides more teaching time, a fuller explanation of techniques, practical repetition, individual coaching and take-home learning resources.

Included in your Foundation course

- Private verbal teaching, demonstrations and practical massage tuition
- PDF course materials to refer to after your sessions
- Access to relevant video tutorials for continued learning
- A course completion certificate for each partner
- Prepared private teaching environment, oils and towels



A Shared Investment in Intimacy

Whether you are looking to refresh familiar routines, develop more confident touch or explore new approaches to sensuality together, this course offers a welcoming setting in which to learn. The emphasis is on shared curiosity, pleasure, trust and skills you can continue practising at home.



Personal, respectful teaching

Training is privately guided by Colin Richards, founder of the School of Sensual Massage and Intimacy Matters. The course welcomes adult couples of all genders and orientations. Activities are discussed in advance, and either partner can change or decline any technique at any time.

Booking and enquiries

Format: Two 3-hour sessions, or one 5-hour session by request.

Location: Private teaching venue near Sloane Square, Chelsea, London.

Course fee: £1,200 per couple. Deposit £600; balance £600 on the first day.

Website: schoolofsensualmassage.co.uk

Email: colin@intimacymatters.co.uk

Telephone / WhatsApp: +44 (0)7966 522 696

For adults aged 18+. Course content is adapted to each couple's experience, preferences and agreed boundaries.

COUPLES / FOUNDATION TRAINING

Fees & Booking Terms

Course Fee & Payment

£1,200 per couple for the Foundation Course.

A 50% deposit of £600 secures the agreed dates. The remaining £600 is due on the first day of training.

Cancellation & Postponement

At least 72 hours before the first session: 75% of the deposit may be refunded, or the deposit transferred to a new start date within 12 weeks.

Between 48 and 72 hours: a transfer may be possible if a new date is agreed within seven days and the course starts within 12 weeks.

Within 24 hours or non-attendance: the full deposit is forfeited.

A missed individual session requires at least 24 hours' notice to rearrange.

Participation & Certification

Participants should disclose relevant health considerations and follow agreed consent, hygiene and safety guidance throughout the course.

The completion certificate confirms attendance and practical learning; it does not constitute professional accreditation.

Further Information

Genuine illness or significant circumstances may be considered individually.

Please confirm the full written cancellation terms before paying a deposit.

Enquiries: colin@intimacymatters.co.uk | +44 (0)7966 522 696