



School of Sensual Massage

Courses Events Community

COUPLES / SINGLE-PARTNER FOUNDATION

Single-Partner Foundation Course

One partner learns. One partner receives. A deeper, personally guided approach to giving sensual pleasure.



Focused learning for one giving partner

A private, practical course for couples who want one partner to become more knowledgeable, sensitive and confident in giving a complete sensual massage. **Colin teaches and guides the giving partner throughout, while the other partner receives the massage**, allowing techniques to be adapted to their individual preferences.

£800 per couple | 6 hours of tuition | Two 3-hour sessions on different days.



A More In-Depth Learning Experience

Unlike the Couples' Experiential Session, which is primarily a guided taster, this Foundation course provides structured verbal tuition, demonstrations, repeated hands-on practice and personalised feedback. The emphasis is on developing lasting skills that the giving partner can confidently use at home.



What the giving partner will learn

Full-body sensual massage

Preparing the environment, using oil, posture and pressure, confident hand movements, a flowing sequence and comfortable transitions.

Arousal and intimate communication

Understanding the role of trust, anticipation, mood and individual responses; discussing preferences and checking consent.

Creative foreplay

Developing variety in touch, pace, rhythm and attention to build a more imaginative and fulfilling intimate experience.

Responding to your own partner

Using feedback and guided practice to personalise the massage rather than following a rigid routine.

The receiving partner participates through feedback and agreed boundaries, but is not expected to learn to give a massage during this course.



Two Personal Training Sessions

Session 1 — 3 hours

Discussion of your aims, relevant health considerations and agreed boundaries; the fundamentals of sensual touch and arousal; demonstration and guided practice of a full-body massage sequence.

Session 2 — 3 hours

Review and refinement of technique; greater fluency, rhythm and transitions; further personalised approaches to sensual touch, creative foreplay and responsive communication.



Included in your training

- Six hours of private verbal and practical tuition with Colin
- Your partner as the receiver throughout both sessions
- Personal demonstrations, hands-on coaching and constructive feedback
- PDF course materials and access to relevant video tutorials
- Course completion certificate for the learning partner
- Prepared private venue, massage oils, towels and refreshments

Foundation develops knowledge and repeatable skills, rather than simply offering a one-off massage experience.



Give a Massage That Feels Truly Personal

The course is especially suited to couples who want one partner to take the lead in learning a more accomplished, creative and attentive approach to sensual massage. Whether you are refreshing familiar routines or exploring new forms of intimate connection, the tuition is tailored to the receiving partner's comfort and preferences.



Respectful, private and consent-led

Colin Richards, founder of the School of Sensual Massage and Intimacy Matters, teaches the course privately in Chelsea. Couples of all genders and orientations are welcome. All practical elements are agreed beforehand and may be paused, changed or declined at any time.

Course details & booking

Duration: 6 hours, delivered as two 3-hour sessions on different days.

Fee: £800 per couple (one learner, one receiver).

Deposit: £400 to secure dates; **balance:** £400 on the first day.

Location: Near Sloane Square, Chelsea, London.

Website: schoolofsensualmassage.co.uk

Email: colin@intimacymatters.co.uk

Telephone / WhatsApp: +44 (0)7966 522 696



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Fees & Booking Terms

Course fee & payment

£800 per couple. A 50% deposit of **£400** secures the agreed training dates. The remaining **£400** is payable on the first day of training.

Cancellation & postponement

At least 72 hours before the first session: 75% of the deposit may be refunded, or the deposit transferred to a new start date within 12 weeks.

Between 48 and 72 hours: a transfer may be possible if a new date is agreed within seven days and the course starts within 12 weeks.

Within 24 hours or non-attendance: the full deposit is forfeited. A missed individual session requires at least 24 hours' notice to rearrange.

Participation & certification

Participants should disclose relevant health considerations and follow agreed consent, hygiene and safety guidance. The completion certificate confirms attendance and practical learning; it does not constitute professional accreditation.

Further information

Genuine illness or significant personal circumstances may be considered individually. Please confirm the full written cancellation terms before paying a deposit.

Contact: colin@intimacymatters.co.uk | +44 (0)7966 522 696

Website: schoolofsensualmassage.co.uk | For adults aged 18+