Couples Sensual Massage Courses

QUESTIONS & ANSWERS | All couples and gender combinations welcome

A practical guide to learning sensual massage together, whether you are a heterosexual or same-gender couple. Course content is tailored to your relationship, the training level and each person's individual consent. Advanced techniques are optional and subject to prior discussion.

Q1. Who are the Couples Sensual Massage courses for?

For two consenting adults who want to learn how to give each other more confident, attentive and pleasurable massage. Married, unmarried, new and long-established couples are all welcome.

Q2. Are same-gender couples welcome?

Absolutely. Male–male, female–female and mixed-gender couples are equally welcome. Teaching is adapted to your bodies, relationship and interests rather than assuming a particular gender pairing.

Q3. What if one or both of us are bisexual, trans or non-binary?

You are welcome. We will discuss the anatomy, language, pronouns, boundaries and techniques relevant to each individual without making assumptions about identity or preferences.

Q4. Do we need previous massage experience?

No. We begin with the basics of touch, relaxation, posture, pacing and communication before progressing to intimate techniques when appropriate.

Q5. What is the main benefit of learning as a couple?

You learn to understand how your partner likes to be touched, ask for what you enjoy and give feedback without criticism. The aim is to develop skills you can use together long after the lesson.

Q6. What course levels are available?

The introductory Experiential Session is normally three hours. Foundation, Intermediate and Advanced training offer progressively more practice and specialist content; six-hour levels are usually delivered as two three-hour modules. Ask Colin for the current couples programme and prices.

Q7. Do we both learn to give and receive?

Yes, if you both wish. Time can be divided so each partner practises giving and receiving, or focused more heavily on one partner according to your agreed aims.

Q8. Can one partner learn while the other simply receives?

Yes. A course can be tailored for one person to develop their giving skills while their partner receives. Please discuss the preferred balance before booking.

Q9. Can we practise on a volunteer receiver?

By arrangement, you may learn with a male or female adult volunteer receiver, or with two volunteers where available. Each volunteer has their own boundaries and may consent to some exercises but not others.

Q10. Could we use a male volunteer, female volunteer or both?

You may request either gender or a combination, depending on the teaching objectives and availability. No particular volunteer or activity can be guaranteed.

Q11. Will the volunteer be naked?

Depending on the agreed exercise, a volunteer may be undressed and appropriately covered. Nudity is discussed beforehand and does not imply consent to intimate contact.

Q12. Do we have to be naked during the lesson?

No. You may remain clothed or partly clothed and choose what feels comfortable. Each person decides independently, and either partner can change their mind.

Q13. Can the lesson include intimate or erotic massage?

Yes, where appropriate to the course level and explicitly agreed. A lesson may move from therapeutic whole-body massage to sensual or intimate touch, always at the pace and within the boundaries of those involved.

Q14. Will we learn about both male and female arousal?

Yes, where relevant. We discuss how anatomy, anticipation, stress, communication and individual preferences influence sexual response, without assuming that everyone responds in the same way.

Q15. Will we learn penis and testicle massage?

Yes, if relevant to your chosen learning goals and course level. Techniques are taught with attention to comfort, sensitivity and the receiver’s feedback.

Q16. Will we learn clitoral and vulval massage?

Yes, where relevant and agreed. Teaching includes recognising individual sensitivity, comfortable pressure, arousal pacing and clear communication.

Q17. Will we learn internal vaginal techniques, including G-spot, A-spot or D-spot work?

These may be discussed in more advanced, individually tailored teaching. Terms such as A-spot and D-spot are not universally recognised anatomical structures; comfort, anatomy and personal response matter more than promising a particular sensation.

Q18. Can we learn about female ejaculation, multiple orgasms and vaginal pulsations?

We can discuss these responses and ways to create a relaxed, responsive experience. Not everyone experiences them, and none can be guaranteed or should become a measure of success.

Q19. Can we learn edging and techniques to delay a man's orgasm?

Yes. Arousal pacing and edging can be introduced and developed through progressive teaching. The goal is greater awareness and choice, not making ejaculation compulsory.

Q20. Will our partner definitely become aroused or reach orgasm?

No. Arousal varies with mood, comfort, health and circumstances. Erections may appear or disappear; orgasm or ejaculation may or may not happen. A successful lesson is measured by learning and communication, not a particular sexual outcome.

Q21. What if one of us feels anxious or self-conscious?

That is common. You can slow down, remain dressed, ask questions, practise non-intimate touch or stop. There is no need to perform or prove anything.

Q22. Can we learn oral stimulation?

Advanced teaching may cover oral techniques where relevant and agreed. No one is required to give or receive oral stimulation, and hygiene and sexual-health precautions are discussed first.

Q23. Can we learn prostate massage?

Advanced teaching may cover external prostate-area massage and, by prior arrangement, optional internal techniques. Clear consent, appropriate preparation and hygiene are essential.

Q24. Can we explore light spanking, power play or toys?

These may be discussed as optional advanced interests, depending on the teaching plan and suitability. They are never assumed or compulsory. Discuss specific interests with Colin before booking.

Q25. Can we explore same-gender touch even if our relationship is mixed-gender?

You can discuss your curiosity and learning goals without needing to adopt a label. Any practice with a same-gender volunteer depends on the volunteer's explicit agreement and the course structure.

Q26. Can we touch each other during the lesson?

Yes, within the agreed teaching exercise. But being partners does not remove the need to ask. Each of you has the right to refuse a particular touch or technique.

Q27. Can a volunteer touch either of us?

Only where that specific contact has been agreed in advance by the person being touched and the volunteer. Reciprocal touch is optional, and your preferences should be made clear to Colin before each practical session.

Q28. What if one partner wants to try something and the other does not?

We work within the limits of the less comfortable partner, without pressure or persuasion. An alternative technique or a non-intimate exercise can be used instead.

Q29. Can one of us become aroused or orgasm while giving massage?

Arousal may occur naturally and need not be embarrassing. It is never required. Any additional intimate or reciprocal activity must be explicitly agreed by everyone involved.

Q30. Does it help when the person giving massage genuinely enjoys it?

Often, yes. Many people find a partner's relaxed enjoyment, enthusiasm and sense of connection reassuring and arousing. But no one needs to pretend to be aroused to give an excellent massage.

Q31. Can we have sex with one another at the end of the class?

Yes. If you both want to, you may use the final private practice period for sexual intimacy together, within the arrangements agreed with Colin. You can ask Colin to leave you alone or, if you both expressly request it and he agrees, to remain in the room to provide educational guidance. Neither partner is under any obligation to take part.

Q32. Can Colin teach us new positions for better sex?

Yes. You can request practical education about positioning, comfort, angles, mobility, communication and adapting positions to your bodies and preferences. Colin can offer explanations and guidance; any intimate practice is between consenting partners, and the lesson can be tailored to your comfort and boundaries.

Q33. Will Colin take part in sex with us?

No. His role is educator and facilitator. If you choose to be intimate together, that is between you and your partner; his presence, if requested and agreed, is for guidance rather than participation.

Q34. Can we ask Colin to leave the room during our final practice?

Yes. You can ask for privacy, or request that he stay to offer feedback if everyone is comfortable. Agree the arrangement beforehand and remember either partner can change their mind.

Q35. Can the course help us after children, menopause or changes in desire?

It may help you reconnect through unhurried touch and conversation, and adapt intimacy to changing comfort and sensitivity. It is not a substitute for medical or relationship care where that is needed.

Q36. What if one of us has erectile difficulties, pain or another sexual concern?

Please mention this privately before the session so teaching can be adapted. Persistent pain, erectile difficulties or other symptoms should also be discussed with a qualified healthcare professional.

Q37. Can we attend if one partner is menstruating?

Usually, yes. You can adapt the lesson to your comfort, choose non-intimate practice or rearrange if symptoms make attendance difficult.

Q38. What about hygiene, safer sex and massage products?

We discuss clean hands, short nails, suitable oils and lubricants, allergies, barriers where appropriate and precautions around oral or anal contact. Shared equipment requires proper cleaning and appropriate protection.

Q39. Can we bring our own oils, toys or accessories?

Please ask in advance. Any item must be suitable, hygienic and agreed by everyone involved.

Q40. Can we take photographs or record the lesson?

Only with explicit prior permission from every person shown, including any volunteer and Colin. Privacy and confidentiality are particularly important in intimate training.

Q41. Is the course confidential?

Yes. Personal disclosures and participation are treated confidentially, subject to the privacy and safeguarding arrangements explained when booking.

Q42. What happens if we change our minds during an exercise?

We stop or adapt immediately. Consent is ongoing, specific to each activity and can be withdrawn by either person at any point.

Q43. Can we request a particular emphasis or ask questions before booking?

Of course. Tell Colin whether your priority is therapeutic massage, arousal, same-gender exploration, improved communication, new positions or another topic. The programme can then be shaped around your shared goals and individual boundaries.