School of Sensual Massage

Courses Events Community

Massage My Man

ADVANCED TRAINING

The third stage for women ready to refine their complete massage, broaden their erotic repertoire and practise specialised techniques with confidence.

6-HOUR COURSE Two personal 3-hour modules	**SLOANE SQUARE** Private Chelsea venue

APPLY FOR TRAINING | **REQUEST A PHONE CALL**

CONFIDENTIAL · PRACTICAL · CONSENT-LED · PERSONALLY TAUGHT

Take Your Skills to Advanced Level

Advanced Training is the third stage after Foundation and Intermediate. Like an advanced driving course, it is as much about refining judgement, confidence and control as it is about learning new techniques.

Course at a Glance

AREA	DETAILS
Duration	6 hours: 2 × 3-hour modules on separate days, or one 5.5-hour day on request.
Level	Advanced. Foundation and Intermediate, or agreed equivalent preparation, are required.
Location	Private teaching venue near Sloane Square, Chelsea.
Receivers	Two male volunteers; partner/friend plus volunteer; or mixed-gender practice.
Dates	Arranged personally with Colin.

Who This Training Is For

- Women who have completed Massage My Man Foundation and Intermediate Training.
- Women wanting greater confidence with specialised oral, prostate, dominant and toy-assisted techniques.
- Women who want to integrate mutual arousal without losing control of the massage.
- Women considering professional sensual massage practice.

The Advanced Aim

To refine the complete routine until it feels fluent, intuitive and personal, while adding carefully selected techniques that may suit particular men, interests or professional appointments.

SELECTIVE, NOT COMPULSORY	Advanced does not mean every technique must be included. You choose the elements relevant to your aims, comfort and agreed boundaries.

Skills You Bring Forward

Advanced Training retains the complete Foundation and Intermediate massage. The emphasis moves from remembering a sequence to making confident decisions: refining pace, pressure, transitions and communication, then choosing new elements in response to the individual receiver.

ESTABLISHED AREA	SKILLS RETAINED
Opening & therapeutic	Dialogue, consent, towel reveal, sensory touch, therapeutic back, shoulders, arms, hands, legs and feet.
Back-of-body sensual	Buttock, perineal, groin and external anal teasing; testicle work; body-to-body connection.
Foundation erotic	Penis massage in several face-down positions; receiver demonstration; edging and arousal control.
Face-up therapeutic	Feet, ankles, legs, shoulders, neck, arms, hands and chest massage.
Intermediate erotic	Towel teasing; nipple stimulation; penis reach; leg-lift buttock and anal tease; several masturbation positions.
Mutual touch	Confident management of reciprocal touch and the giver's own sensual energy.
Edging & ejaculation	Build, pause, recover and rebuild before an agreed ejaculation.

How Advanced Changes the Massage

The routine becomes less linear. You learn to maintain arousal over a longer period, move between therapeutic, sensual and erotic work, use breath or erotic direction where agreed, and incorporate mutual energy without losing receiver focus.

THE ADVANCED STANDARD	Calm preparation, confident touch, responsive pacing, precise positioning, explicit consent and thoughtful aftercare.

Advanced Erotic Content · Oral & Prostate Work

The following additions are identified in the Advanced column of the supplied Massage My Man Erotic Elements Chart.

ADVANCED ADDITION	WHAT YOU DEVELOP
Mutual oral positioning	Explore safe positioning for simultaneous or reciprocal oral stimulation within agreed boundaries.
Oral techniques	Practise varied oral penis and testicle stimulation, learning pressure, rhythm, breath and receiver feedback.
Anal rimming	Integrate agreed external oral anal stimulation into body-to-body massage.
Prostate massage	Learn external prostate work and optional internal prostate massage with hygiene, preparation, anatomy and comfort prioritised.
Face-sitting positions	Explore agreed mutual oral and face-sitting positions with attention to balance, breathing and easy withdrawal.
Breast & penis massage	Combine breast contact with penis stimulation to vary sensation and body connection.

Internal Prostate Work Is Optional

No student or receiver is expected to include internal prostate massage. When selected, it is taught slowly with suitable gloves, lubricant, hygiene, clear communication and an understanding of anatomical limits.

Oral Work Is Also Optional

Oral techniques are included only when they suit the student's aims and both participants have explicitly agreed them. Observation, demonstration or discussion may be used where practical participation is not appropriate.

SPECIFIC CONSENT	Agreement to sensual massage does not automatically include oral or internal techniques. Each element is discussed separately.

Advanced Erotic Content · Assertive, Toy & Mutual Work

The remaining Advanced additions broaden the style, intensity and positioning available within the massage.

ADVANCED ADDITION	WHAT YOU DEVELOP
Spanking	Introduce light spanking and learn to vary placement, rhythm and intensity according to response.
Dominant techniques	Use confident positioning, controlled restraint, erotic direction, praise or command within clearly agreed boundaries.
Sex toys	Incorporate suitable toys into penis, testicle, perineal or anal stimulation with hygiene and safe use prioritised.
Frottage	Use controlled body-to-body genital rubbing to create mutual arousal without penetration.
Speed-bump cushion	Use supported cushion positioning for additional penis, perineal or anal stimulation and changes of body angle.
Giver orgasm focus	Learn how the receiver may incorporate stimulation of the female giver and, where wanted, take her towards orgasm.
Sequencing	Combine selected oral, prostate, assertive, toy-assisted and mutual elements into a coherent massage rather than isolated acts.

Personalising the Experience

Advanced work may draw on fantasy, role-play, erotic language, dominant feminine energy or mutually arousing touch. The skill lies in selecting only what supports the receiver's interests and the giver's genuine comfort.

NO PENETRATIVE SEX	The training is focused on massage, arousal, oral, manual, prostate and agreed mutual techniques. Penetrative sex is not part of the course.

How the Two Modules Work

Each three-hour module combines review, demonstration, guided practice and direct receiver feedback.

MODULE ONE · ADVANCED EXPANSION

REVIEW & BOUNDARIES · APPROX. 30 MINUTES	Discuss previous training, personal aims, the selected Advanced elements and the male receiver's preferences.
GUIDED TEACHING MASSAGE · APPROX. 90 MINUTES	Give the complete routine with Colin refining your established skills and introducing selected oral, prostate, assertive, toy-assisted or mutual techniques.
FEEDBACK	Receive direct observations from the receiver and Colin.

MODULE TWO · INTEGRATION & CONFIDENCE

RECAP & SELECTION · APPROX. 30 MINUTES	Review Module One and agree which techniques to consolidate with the second receiver.
STUDENT-LED MASSAGE · APPROX. 90 MINUTES	Deliver a more independent, personalised massage while Colin observes, corrects and assists only where required.
ASSESSMENT & NEXT STEPS	Identify strengths, remaining practice needs and readiness for professional training.

Why Two Receivers Matter

Advanced work depends on individual preference. Two receivers help you experience differences in boundaries, sensitivity, oral preferences, prostate interest, dominant dynamics and response to mutual arousal.

Course Options & Investment

Both options provide the same six hours of personal tuition and access to the selected Advanced curriculum.

OPTION ONE	£1,150	Two separate 3-hour modules with two different male volunteer receivers.
OPTION TWO	£1,100	Two separate modules with your male partner or intimate friend and one male volunteer receiver.
OPTION THREE	£1,250	Mixed-gender practice with one male and one female volunteer receiver.

Included With Your Training

INCLUDED	DETAILS
Before	Detailed agenda, receiver information and preparation guidance.
During	Personal coaching, demonstration, direct correction, selected receivers, oils, towels, music and refreshments.
Learning support	Printed take-home summary and complimentary one-month access to Colin's tutorial video library.
After	Certificate of completion and an optional follow-up conversation with Colin.

Payment Options

A 50% deposit secures the agreed dates. The balance is due the day before training begins. Instalment plans can be spread over two months; contact Colin for details.

COMPLETION WINDOW	Both Advanced modules should normally be completed within one month.

From Advanced to Professional Practice

After completing Foundation, Intermediate and Advanced, students considering professional work are encouraged to take the additional eight hours of Launch Pad and Professional Training.

Launch Pad Business Set-Up · 2 Hours

A live or online session covering professional positioning, services, pricing, boundaries, booking procedures, applications, deposits, cancellations, marketing, website presence, insurance, record keeping and working with volunteer or paying receivers.

Further Supervised Practice

You give two further 75-minute practice massages to two different receivers. These sessions develop timing, consistency, consultation, professional boundaries, receiver care, feedback and confidence in working more independently.

What the Additional Eight Hours Develop

AREA	DETAILS
Professional structure	From initial enquiry and consultation through massage, aftercare and follow-up.
Business readiness	A realistic route for launching and promoting a professional service.
Assessment	Direct feedback on massage quality, timing, communication and professional conduct.
Continued guidance	Support as you prepare for your first clients and develop your own style.

Your Tutor

Colin Richards is a Sex & Intimacy Engineer, Somatic Sensual Masseur and educator. He has more than 20 years' experience as a psychosexual practitioner and masseur, has supported more than 10,000 clients and is backed by over 320 five-star reviews.

THE RECOMMENDED NEXT STEP	Advanced completes the three practical teaching levels. The additional eight hours turn those skills into a professionally structured service.

Application & Booking Process

The application helps Colin understand your previous training, reasons for choosing Advanced and the particular techniques you want to explore. Submitting it is not a booking.

1 **COMPLETE THE APPLICATION**
Outline your Foundation and Intermediate experience, aims, receiver preference and initial questions.

2 **DISCUSS SUITABILITY & BOUNDARIES**
Colin contacts you to discuss your experience, selected Advanced elements, comfort, expectations and dates.

3 **REVIEW THE EXPLICIT INFORMATION**
Read the complete therapeutic, sensual and erotic course information so you can make an informed decision.

4 **AGREE OPTION, CONTENT & DATES**
Choose Option One, Two or Three, select the relevant techniques and agree both module dates.

5 **SECURE THE TRAINING**
Read the cancellation terms. A 50% deposit confirms the dates; the balance is due before Module One.

ADVANCED IS PERSONALISED	The application and discussion identify which techniques suit your aims. You are never committing to perform every element listed in the brochure.

Booking Terms & Contact

Booking and balance. A 50% deposit secures your place. The remaining balance is due the day before training begins.

More than 72 hours' notice. Cancel at least 72 hours before Module One and receive 75% of the deposit back, or transfer it to a new start date within 12 weeks.

Postponement within 2-3 days. Transfer is available only if a new date is supplied within seven days and training begins within 12 weeks.

Within 24 hours or non-attendance. The full deposit is lost. A missed module cannot be repeated or refunded without at least 24 hours' notice.

Pausing or withdrawing. Documented health or significant personal circumstances may allow a pause; all remaining sessions must finish within 12 months. No refund is issued after training begins.

Completion period. Both Advanced modules should normally be completed within one month.

Get in Touch

CONTACT	DETAILS
Apply online	Complete the Massage My Man application form.
General enquiry	Use the School of Sensual Massage enquiry form.
Free phone call	Request a 15-minute call.
Email	colin@intimacymatters.co.uk
WhatsApp / Call	+44 (0)7966 522 696
Location	Sloane Square, London SW1X 9DE
Website	schoolofsensualmassage.co.uk

For adults aged 18+. All practice takes place in a professionally guided, consent-based environment. School of Sensual Massage is the educational platform of Intimacy Matters, led by Colin Richards.