School of Sensual Massage

Courses Events Community

Massage My Man

FOUNDATION & INTERMEDIATE

Two courses. One complete learning journey for women who want to become confident, creative and highly attentive in giving sensual massage to a man.

12-HOUR COMBINED COURSE Four personal 3-hour modules	**SLOANE SQUARE** Private Chelsea venue

APPLY FOR TRAINING	REQUEST A PHONE CALL

CONFIDENTIAL · PRACTICAL · CONSENT-LED · PERSONALLY TAUGHT

Two Courses. One Complete Learning Journey

This combined programme takes you from the dependable structure of Foundation into the greater variety, responsiveness and face-up erotic work of Intermediate. Each stage is taught progressively through discussion, demonstration, guided practice and receiver feedback.

Course at a Glance

AREA	DETAILS
Duration	12 hours.
Recommended format	4 × 3-hour modules on separate days.
Levels	Foundation followed by Intermediate.
Location	Private teaching venue near Sloane Square, Chelsea.
Dates	Arranged personally with Colin.

The Recommended Four-Module Format

Four separate sessions allow you to practise with different male receivers, absorb the learning between modules and return with useful questions. This is the recommended route for developing adaptable, lasting confidence.

Accelerated Format

With prior agreement, the programme may be completed as two 5.5-hour teaching days. This is available when travel or availability makes four visits difficult, but it is not the recommended learning format.

Who This Training Is For

- Women who want to become more confident, creative and attentive lovers.
- Women wanting a structured route from core massage skills to more varied erotic arousal techniques.
- Women considering Advanced or Professional Massage My Man Training.

NO PREVIOUS EXPERIENCE REQUIRED	Foundation begins with the essential principles. The programme then develops progressively so that each Intermediate addition rests on a secure base.

Understanding Male Arousal

The combined course teaches more than a routine. It helps you understand how male arousal develops, changes and communicates itself throughout a sensual massage.

An Erection Is Information - Not Consent

An erection can appear, soften and return. It may reflect stimulation, relaxation or anticipation, but does not mean every form of touch is wanted. Boundaries and ongoing communication remain essential.

Build Arousal Slowly

The massage develops through therapeutic work and sensory teasing before direct penis and testicle stimulation. This creates anticipation and helps the receiver move from everyday thinking into embodied pleasure.

Read the Whole Body

Breathing, movement, sound, pelvic response, muscle tone and stillness all offer information. You learn to observe without assuming and use calm verbal check-ins when needed.

Edging and Arousal Control

You practise bringing the receiver towards orgasm, reducing stimulation and rebuilding. Intermediate then adds new face-up positions and greater variety in how the arousal is sustained.

Managing Mutual Touch

The giver's own sensual energy may contribute to the experience without shifting attention away from the receiver. You learn to welcome, redirect or stop reciprocal touch according to your agreed boundaries.

THE CENTRAL LESSON	Technique matters, but timing, patience, observation and consent determine whether the massage feels genuinely personal.

Foundation Curriculum

The first six hours establish a complete back-of-body routine combining therapeutic massage, sensual connection and Foundation-level erotic touch.

FOUNDATION AREA	WHAT IS TAUGHT
Opening & preparation	Head massage; overture; towel reveal; feather and fingertip touch; communication, consent and pacing.
Therapeutic work	Pressure points; ten-minute back massage; shoulders, underarms, arms, hands, sides and legs; effleurage and kneading.
Sensual connection	Figure-of-eight buttock massage; perineal, groin and external anal teasing; side pulls; body pressure and controlled body-to-body slides.
Testicle work	Signature testicle stroking and hold; finger-grip testicle massage on both sides.
Penis massage	Light exposure and massage; reach-under masturbation; through-the-legs, rear-facing kneeling and upright kneeling positions.
Edging	Changes of speed, rhythm and pressure to build, soften and rebuild arousal.
Receiver insight	The receiver may demonstrate his preferred masturbation rhythm and pressure so the student can learn from individual response.
Foundation ending	The face-down sequence may finish with agreed orgasm and ejaculation at Foundation level.

What Foundation Gives You

A dependable structure, safe table positioning, confidence with penis and testicle touch, and an understanding of how therapeutic and sensual elements can flow into erotic arousal without feeling rushed or mechanical.

CLOTHING & NUDITY	The student may remain clothed, become partially clothed or become naked only if she chooses. This can be changed at any point.

Intermediate Curriculum

The second six hours retain and refine the Foundation routine, remove the early face-down orgasm ending and add a complete face-up sequence before later edging and ejaculation.

INTERMEDIATE ADDITION	WHAT YOU DEVELOP
Turn & settle	Cover the receiver, turn him face-up and re-establish relaxation and connection.
Feet & legs	Foot and ankle massage; right-leg massage; left-leg massage combined with gentle penis touch.
Towel teasing	Pad the towel and massage the penis through it to build anticipation.
Upper body	Shoulder, neck, arm and hand massage; figure-of-eight chest massage with agreed breast-over-face body connection.
Nipple play	Nipple stimulation for the receiver and optional reciprocal oral nipple teasing within agreed boundaries.
Penis reach	Reach from the receiver's head to stimulate the penis, varying angle, rhythm and body connection.
Buttock & anal tease	Lift the leg and combine buttock stroking with external anal teasing.
Mutual touch	Manage reciprocal touch and arousal while remaining grounded and receiver-focused.
Edging & ejaculation	Practise several masturbation positions, edge close to orgasm, pause, rebuild and progress to agreed ejaculation.

What Is Not Included

Mutual oral positions, oral technique practice, anal rimming, prostate massage, face-sitting, breast-and-penis massage, spanking, dominant or assertive techniques, sex toys, frottage, speed-bump cushion work and giver-focused ejaculation are reserved for Advanced Training.

THE PROGRESSION	Foundation teaches the structure. Intermediate teaches you to work more freely within it and respond to the individual man.

Your Four-Module Progression

Each session combines discussion, demonstration, guided practice and direct feedback from Colin and the receiver.

MODULE ONE · FOUNDATION	Set-up, opening dialogue, consent and boundaries; therapeutic and sensual back-of-body routine; initial buttock, groin, testicle and penis work.
MODULE TWO · FOUNDATION	Repeat and refine the complete back-of-body sequence; body-to-body connection; edging, receiver feedback and optional Foundation orgasm.
MODULE THREE · INTERMEDIATE	Review and refine Foundation; turn the receiver face-up; introduce feet, legs, towel teasing, upper-body, nipple and penis-reach techniques.
MODULE FOUR · INTERMEDIATE	More independent student-led full massage; external anal teasing, reciprocal-touch management, additional ejaculation positions, edging and final feedback.

Why Different Receivers Matter

Men differ in body shape, sensitivity, preferred pressure, erection pattern, confidence, communication and response to edging. Practising across several receivers helps you become adaptable rather than assuming one technique suits everyone.

How Each Module Runs

AREA	DETAILS
Preparation	Discussion of the receiver's preferences, consent, boundaries and the teaching focus.
Teaching massage	Approximately 90 minutes of guided practical massage.
Feedback	Direct, constructive observations from the receiver and Colin.
Reflection	Questions, consolidation and preparation for the next module.
COMPLETION WINDOW	The four combined modules should normally be completed within two months.

Bundle Options & Investment

The combined programme offers a saving of approximately 15% compared with booking Foundation and Intermediate separately.

OPTION ONE	£1,550	Four 3-hour modules with four different male volunteer receivers.
OPTION TWO	£1,450	Practice with your male partner or intimate friend and three male volunteer receivers.
OPTION THREE	£1,650	Mixed-gender practice with two male and two female volunteer receivers.

Included With Your Training

INCLUDED	DETAILS
Before	Detailed agendas, receiver information, preparation guidance and relevant learning material.
During	Personal coaching, direct correction, selected receivers, oils, towels, music and refreshments.
After	Certificate of completion and an optional follow-up conversation with Colin.
Community	Sensual Connect membership with access to the student tutorial and volunteer groups.

Payment Options

A 50% deposit secures the agreed dates. The balance is due the day before training begins. Payments may be spread across up to four instalments depending on the timetable; a 2.5% interest and administration charge applies.

Personal Tuition - and Your Next Stage

Colin teaches from extensive practical experience, combining psychosexual understanding with a direct, supportive and down-to-earth approach.

Your Tutor

Colin Richards is a Sex & Intimacy Engineer, Somatic Sensual Masseur and educator. He has more than 20 years' experience as a psychosexual practitioner and masseur, has supported more than 10,000 clients and is backed by over 320 five-star reviews.

A Private and Professional Environment

- Personal tuition at a discreet venue close to Sloane Square Underground station.
- A prepared massage environment with shower, towels, oils, music and refreshments.
- Clear consent and boundaries agreed before every practical massage.
- Vetted volunteer receivers who understand the educational nature of the session.

Continue to Advanced Training

The next stage is the six-hour Massage My Man Advanced Training. It adds the specialised oral, prostate, dominant, toy-assisted and mutually erotic techniques deliberately excluded from this combined course.

Professional Training

Women intending to offer sensual massage professionally can continue through Advanced before completing Launch Pad business preparation and supervised professional practice.

> *“Perfect course for me. Very, very enjoyable. Excellent balance between discussion and practical skills, taught with real enthusiasm and obvious passion.”*

- Chris, Foundation & Intermediate student

Application & Booking Process

The application helps Colin understand who you are, why you want to take the combined course and what you hope to gain. Submitting it is not a booking.

1 **COMPLETE THE APPLICATION**
Outline your motivation, receiver preference, relevant experience and any questions.

2 **DISCUSS YOUR AIMS**
Colin contacts you to discuss suitability, expectations, boundaries, preferred option and dates. A free 15-minute call is available.

3 **REVIEW THE EXPLICIT INFORMATION**
Read the full therapeutic, sensual and erotic course details so you can make an informed decision.

4 **AGREE OPTION AND DATES**
Choose Option One, Two or Three and agree the dates for all four modules.

5 **SECURE THE COURSE**
Read the cancellation terms. A 50% deposit confirms the dates; the balance is due before Module One unless an instalment plan is agreed.

YOUR APPLICATION IS NOT A BOOKING It simply outlines who you are and why you want to take the course. Colin will speak with you before dates or payment are confirmed.

Booking Terms & Contact

Booking and balance. A 50% deposit secures your place. The remaining balance is due the day before training begins.

More than 72 hours' notice. Cancel at least 72 hours before Module One and receive 75% of the deposit back, or transfer it to a new start date within 12 weeks.

Postponement within 2-3 days. Transfer is available only if a new date is supplied within seven days and training begins within 12 weeks.

Within 24 hours or non-attendance. The full deposit is lost. A missed module cannot be repeated or refunded without at least 24 hours' notice.

Pausing or withdrawing. Documented health or significant personal circumstances may allow a pause; all remaining sessions must finish within 12 months. No refund is issued after training begins.

Combined-course completion. All four modules should normally be completed within two months.

Get in Touch

CONTACT	DETAILS
Apply online	Complete the Massage My Man application form.
General enquiry	Use the School of Sensual Massage enquiry form.
Free phone call	Request a 15-minute call.
Email	colin@intimacymatters.co.uk
WhatsApp / Call	+44 (0)7966 522 696
Location	Sloane Square, London SW1X 9DE
Website	schoolofsensualmassage.co.uk

For adults aged 18+. All practice takes place in a professionally guided, consent-based environment. School of Sensual Massage is the educational platform of Intimacy Matters, led by Colin Richards.