

Massage My Man Courses

QUESTIONS & ANSWERS | Women learning to give sensual and erotic massage to men

These questions and answers apply principally to the Foundation, Intermediate and Advanced Massage My Man courses, with some relevant to the Experiential Session. Course content is taught progressively and every practical activity depends on informed, ongoing consent. If you have a question not covered here, please contact Colin.

Q1. Who are Massage My Man courses designed for?

Adult women who want to give men a confident, attentive and enjoyable sensual massage. You may be single, partnered, married or exploring new skills; no particular relationship status or sexual orientation is required.

Q2. Do I need previous massage experience?

No. I teach the principles of therapeutic massage, sensual touch, anatomy, communication and practical technique progressively.

Q3. Who will I practise on?

I arrange consenting adult male volunteer receivers, or you may bring a male partner or friend by prior arrangement. The receiver's role is to receive the practice massage and give feedback, not to expect any additional activity.

Q4. Will the male volunteer be naked?

The receiver may be naked during demonstrations and practical massage, according to the exercise and his agreement. Privacy, covering and the boundaries of intimate touch are discussed in advance.

Q5. Do I have to be naked?

No. You may remain fully clothed, wear clothing you feel comfortable in, or choose otherwise if appropriate and agreed. Nudity is not a condition of taking the course.

Q6. Will I learn male anatomy and how arousal works?

Yes. We cover the penis, testicles, perineum and wider body, as well as the psychological and physiological influences on male sexual response.

Q7. Will a male volunteer definitely become erect?

No. Many men experience erections during intimate massage, but some do not, or their erection may come and go. This is entirely normal. Anxiety about being observed, unfamiliar surroundings, medication, tiredness or simply individual differences can all affect response.

Q8. Will he definitely ejaculate or have an orgasm?

No. Some receivers ejaculate, some experience pleasure without ejaculation and others may not reach orgasm. Being watched or practising with a student can create pressure or anxiety. Please do not take this personally: it is not a judgement of your skill or attractiveness.

Q9. What if he becomes embarrassed, nervous or loses his erection?

Remain calm, reassure him and return to comfortable, non-demanding massage. I will help you respond sensitively. The aim is to learn, not to produce an erection or ejaculation on demand.

Q10. Could a male volunteer behave inappropriately?

Every receiver is expected to follow agreed boundaries and behave respectfully. Uninvited touching, pressuring a student or disregarding instructions is unacceptable. Tell me immediately if anything feels uncomfortable; we can stop the exercise or end the session.

Q11. Will the man be allowed to touch me while I massage him?

Only if you have specifically agreed. Some receivers enjoy reaching out or reciprocating, but you are never obliged to accept touch. Please make your preferences clear to Colin before EACH practical session, including whether you want no touch, non-intimate touch or separately agreed intimate touch. You can change your mind at any time.

Q12. Can I ask the volunteer not to touch me at all?

Absolutely. Saying no to reciprocal touch does not reduce your ability to learn or the value of the massage. Colin will communicate and reinforce your boundaries.

Q13. What if I become aroused while giving a man a massage?

That is perfectly acceptable and need not be embarrassing. You may enjoy the closeness, the man's response or the pleasure of giving. Equally, you may feel no arousal at all. Neither response is expected or required.

Q14. Is it acceptable if I experience an orgasm while giving a massage?

Your own arousal or orgasm is not something to be ashamed of, but it is never an objective of the training. Any reciprocal or intimate activity must be expressly agreed in advance and remain within the course's boundaries. The receiver's consent and your own comfort come first.

Q15. Does it matter to a man whether the woman giving the massage is enjoying herself?

For many men, sensing that the giver is relaxed, comfortable, engaged and genuinely enjoying the experience is itself reassuring and arousing. Feeling desired or approved of can be an important part of male arousal. But it varies from man to man, and you never need to perform enthusiasm or become sexually aroused to please him.

Q16. Will I learn a full-body massage rather than just genital stimulation?

Yes. The course begins with therapeutic and sensual whole-body massage, using pacing, relaxation and anticipation before any agreed intimate techniques.

Q17. Will I learn penis and testicle massage?

Yes. Foundation introduces genital massage within a structured routine, including how to adapt touch to individual sensitivity and feedback.

Q18. Will I learn how to bring a man slowly towards orgasm through edging?

Yes. Foundation introduces edging and arousal control; Intermediate builds on these skills with more varied positions, pacing and responsive transitions. Orgasm remains an optional outcome rather than a performance target.

Q19. Will Colin demonstrate the techniques before I practise?

Yes. I explain and demonstrate appropriate techniques, then supervise your practice and offer constructive feedback.

Q20. Can I bring my husband, boyfriend or male friend instead of a volunteer?

Yes, by arrangement. Learning with someone you know can help you understand his personal preferences, although practising with a volunteer can also provide valuable feedback.

Q21. Can this help if my partner has low desire or erectile difficulties?

Sensual massage may make intimacy less goal-driven and encourage communication. However, reduced desire or erection difficulties may have medical, psychological or relationship causes; this course is educational, not a substitute for healthcare.

Q22. What course levels are available?

The Experiential Session provides an introduction. Foundation, Intermediate and Advanced are each normally six hours, taught in two three-hour modules. Foundation builds the complete routine; Intermediate expands positions and responsiveness; Advanced offers specialised optional techniques.

Q23. Will I learn to give oral stimulation?

Yes. Oral penis and testicle stimulation and mutual-oral positioning are Advanced-level subjects. Participation in any practical demonstration requires explicit consent and appropriate hygiene precautions; no student is obliged to give or receive oral stimulation.

Q24. Will prostate massage be taught?

Yes. Advanced includes education in external prostate-area work and optional internal prostate massage. Anatomy, hygiene, preparation, comfort and clear agreement are essential. You may decline this element.

Q25. Can I decide on the day whether to practise oral or prostate techniques?

You may decide not to participate at any time. If you wish to include a technique, please discuss it with Colin in advance and confirm again on the day. Practical teaching depends on the course level, your readiness, the receiver's separate consent and the available time; it cannot be guaranteed.

Q26. Will I learn light spanking?

Light spanking is an optional Advanced topic. It is introduced only where both people want it, and within clearly agreed limits. It is not required for a successful sensual massage.

Q27. Can I learn pegging?

Pegging, using a strap-on for anal penetration, may be discussed as an optional specialist interest rather than a standard Foundation or Intermediate exercise. Please ask Colin in advance whether any practical instruction is available within your Advanced session. It is never assumed, and requires explicit consent, appropriate preparation, hygiene and suitable equipment.

Q28. Do I have to take part in oral, anal or dominant techniques?

No. Advanced training is selective, not compulsory. You can choose which techniques are relevant to your goals and decline anything you do not wish to practise.

Q29. What about hygiene and sexual health?

Clean hands, short nails, clean linens and appropriate products are important. Oral and anal contact introduce additional infection considerations. Barrier protection, toy hygiene, suitable lubrication and avoiding contact when infection or irritation is suspected should be discussed before relevant practical work.

Q30. Can I bring or use my own massage oils or toys?

Please discuss products and equipment beforehand. Allergies, material compatibility, cleanliness and the receiver's consent must be considered.

Q31. What if I am menstruating or feel uncomfortable?

You usually need not cancel solely because of your period. You may remain clothed and concentrate on giving massage, unless pain, discomfort or your preferences make postponement more appropriate.

Q32. What if I feel self-conscious about my body or inexperience?

Many students do initially. You can remain dressed, ask questions and work at a comfortable pace. The focus is on learning rather than your appearance.

Q33. Can I request a particular age or type of male volunteer?

You may express a preference, but a particular age or appearance cannot be guaranteed. I arrange suitable volunteers from those available and willing.

Q34. Who will see my application photo and details?

Please check the current application privacy information. If your photo and basic details are circulated to registered male volunteers for matching, Colin will explain that process beforehand.

Q35. What photo should I submit?

A clear, recent, clothed photograph showing your face is best. You may submit several and ask Colin to select the most suitable.

Q36. Is everything confidential, and can I stop at any time?

Yes. Confidentiality and continuing consent are fundamental. You and the receiver can pause, refuse or stop an activity at any time, without needing to justify the decision.

Q37. How long do I have to complete my course?

Foundation and Intermediate are normally two three-hour modules each, generally completed within one month. Advanced is also normally two three-hour modules. Check the current booking and cancellation policy for the applicable deadline.

Q38. What happens if illness or another unavoidable event delays my course?

Contact Colin promptly. Fee reductions are not automatic, but illness, bereavement or another agreed unavoidable circumstance may be considered under the booking policy.

Q39. Can I train professionally?

Ask about the Professional Practitioner pathway and any prerequisites. Professional practice requires more than technique, including consent, client management, safety and business skills.

Q40. Can I request specific techniques or discuss my concerns before booking?

Certainly. Tell Colin what you want to learn, what you do not want to do, and any worries about nudity, touch or volunteer behaviour. We can agree a suitable learning plan before you attend.