



School of Sensual Massage

Courses Events Community

SCHOOL OF SENSUAL MESSAGE / FOR MEN

Massage My Woman

Foundation & Intermediate Combined Training

12 hours / Four personal modules / Sloane Square

Two courses. One learning journey.

Build a confident full-body foundation, then learn to make the massage more varied, responsive and personal through supervised practice.

Foundation + Intermediate • Options from £1,450



From a dependable routine to intuitive touch

Four personally taught modules combine practical technique, arousal psychology, individual correction and feedback.

You first learn a coherent full-body routine and how to make the receiver feel safe and attended to. Intermediate expands the repertoire with body-to-body work, supervised internal techniques and greater freedom to adapt to an individual woman.

AT A GLANCE

- 12 hours, usually four separate 3-hour modules.
- Private tuition near Sloane Square, Chelsea; dates arranged personally.
- Practice with female volunteers, or your partner or friend plus volunteers.
- A two-session accelerated format may be arranged by prior agreement, with less time between modules to practise and reflect.

Who it suits: men who want to become more confident and creative lovers, students seeking a complete programme, and men who value direct guidance rather than learning from videos alone.





More than a collection of techniques

Learn to read a woman's response and adapt, rather than follow a mechanical sequence.

Trust, mood, stress, confidence, anticipation and context all influence arousal. The same woman can respond differently from day to day. The course links this understanding to consent, pacing, varied touch and the pleasure of giving.

CORE SKILLS

- Notice breathing, sound, movement, muscle tone, stillness and changes in response.
- Build, soften and rebuild arousal by varying rhythm, pressure and location.
- Agree boundaries beforehand and check in calmly when needed.
- Make it easy for the receiver to pause, redirect or stop any element.
- Remain present and grounded while keeping the experience centred on her.

Presence changes the experience. Timing, patience and observation make a massage personal. No single response should be treated as automatic consent, and orgasm is never required.





A complete full-body foundation

Establish preparation, communication and a reliable sequence that you continue to refine throughout Intermediate.

OPENING AND THERAPEUTIC TOUCH

- Prepare the setting, opening dialogue and clear boundaries.
- Introduce head massage, towel reveal, feather touch and back stroking.
- Practise pressure points, hands-and-thumbs back work, underarms and elbows.
- Develop side-of-body effleurage, kneading, leg massage and full-body connection.

SENSUAL AND INTIMATE PROGRESSION

- Learn a cross-arm embrace, supported stretches and figure-of-eight buttock massage.
- Explore agreed groin, perineal and external anal teasing with controlled pacing.
- Practise external vulval and clitoral touch, sweeping movements and a still hold.
- Watch Colin demonstrate vaginal thumb massage and a safe transition as the receiver turns over.

By the end of Foundation, you have a coherent routine and a stronger understanding of how to make a receiver feel safe, desired and attended to.





Add variety while staying responsive

New elements are introduced progressively and only within the receiver's agreed boundaries.

BODY-TO-BODY AND SENSORY CONNECTION

- Include the giver's arousal while staying grounded and receiver-focused.
- Use head-to-toe and toe-to-head body contact with safe balance and pressure.
- Learn a naked body-to-body slide, managing oil, pace, position and consent.
- Integrate side pulls, breast stroking and optional oral nipple stimulation.

SUPERVISED INTERNAL TECHNIQUES

- Move from Foundation demonstration to guided G-spot and S-spot practice.
- Explore individual angle, pressure, comfort and response.
- Practise unhurried internal vaginal massage with hygiene and communication prioritised.

Reserved for Advanced: oral vaginal stimulation, internal anal techniques, dominant or assertive positions, toys, multi-orgasm work and female-ejaculation positions are outside this combined course.





Learn, practise, return with questions

Every module combines discussion, demonstration, guided hands-on practice and feedback from Colin and the receiver.

01

FOUNDATION

Opening dialogue, consent, therapeutic and sensual back-of-body routine, external erotic touch and pacing.

02

FOUNDATION

Front-of-body routine; breast, nipple, vulval and clitoral work; introductory vaginal principles and consolidation.

03

INTERMEDIATE

Refine Foundation; add body-to-body contact, more variety and supervised G-spot, S-spot and internal vaginal work.

04

INTERMEDIATE

A more independent student-led massage, responsive choice of technique, correction, receiver feedback and next steps.

Why different receivers matter: practising with women of different body shapes, sensitivities, personalities and boundaries helps you avoid assuming that one approach works for everyone.





Your combined-course options

The combined bundle is priced below booking Foundation and Intermediate separately.

OPTION 01

Four volunteer receivers

Four 3-hour modules with a different female volunteer receiver each time. The widest range of bodies and responses.

£1,550

Deposit £775

OPTION 02

Your partner or friend + volunteers

Four 3-hour modules: one receiver you bring and three different female volunteers. Combine relationship practice with adaptability.

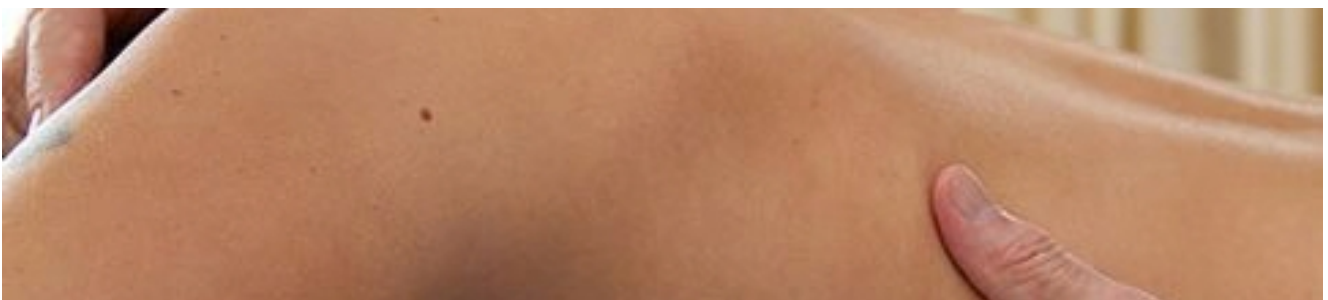
£1,450

Deposit £725

INCLUDED

- Detailed agendas and preparation guidance; all oils, towels and refreshments.
- Personal instruction, receiver feedback and a completion certificate.
- Sensual Connect student group access and an optional follow-up call.

Payment: A 50% deposit secures the dates. Up to four instalments may be available, depending on the timetable, with a 2.5% interest and administration charge.





Learn directly with Colin Richards

Practical guidance shaped by psychosexual understanding, experience and attentive feedback.

Colin is a Sex & Intimacy Engineer, Somatic Sensual Masseur and educator. He has worked full-time in the field since 2005, supported more than 10,000 clients and received over 320 five-star reviews. His work has appeared on Channel 5 and in Cosmopolitan.

A PAST STUDENT'S EXPERIENCE

"Very, very enjoyable. Excellent balance between discussion and the learning of practical skills, taught by an experienced practitioner with real enthusiasm and obvious passion. I found giving the massage to the volunteer quite an emotional experience."

CONTINUE TO ADVANCED

When you have had time to practise the combined routine, the six-hour Advanced Training offers specialised oral, internal, assertive and multi-orgasm techniques, including approaches related to female ejaculation. These are deliberately outside the Foundation and Intermediate bundle.





Apply for combined training

The application helps Colin understand your aims. It is not a booking and does not reserve dates.

COMPLETE THE MESSAGE MY WOMAN APPLICATION FORM

https://intimacymatters.formstack.com/forms/man_to_man_show__maxi_copy_copy_1

- 1 Complete the application**
Tell Colin why you want the combined course and raise any initial questions.
- 2 Discuss your aims**
Talk through suitability, format, receiver choice and possible dates. A free 15-minute call is available.
- 3 Review course information**
Read the full therapeutic, sensual and erotic details. The educational material may contain explicit images.
- 4 Agree option and dates**
Choose one of the two arrangements and the recommended four-module format or an agreed accelerated format.
- 5 Secure the course**
Read the cancellation terms, then pay the 50% deposit. The balance is due before Module One unless instalments are agreed.



Booking terms and contact

DEPOSIT

50% secures your dates; the balance is due the day before training begins.

AT LEAST 72 HOURS

Cancel for 75% of the deposit back or transfer to a start date within 12 weeks of the original.

TWO TO THREE DAYS

Transfer only if a new start date is supplied within seven days and training starts within 12 weeks.

WITHIN 24 HOURS OR NO-SHOW

The full deposit is forfeited. A missed module cannot be repeated or refunded without 24 hours' notice.

PAUSING OR WITHDRAWING

Evidence of serious health or personal circumstances may allow a pause. Complete within 12 months; no refund after training begins.

COMPLETION

The four modules should normally be completed within two months.

CONTACT COLIN RICHARDS

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schoolofsensualmassage.co.uk

[APPLICATION FORM](#)

[REQUEST A FREE 15-MINUTE CALL](#)

Adults aged 18+. Practical learning is personally guided and consent-based. General enquiry: [send a message](#).