



School of Sensual Massage

Courses Events Community

SCHOOL OF SENSUAL MESSAGE / FOR MEN

Massage My Woman

Professional Practitioner Training

26-hour core programme / Optional 29- or 30-hour routes

From skill to professional practice

A complete, personally taught pathway through Foundation, Intermediate, Advanced and an eight-hour Launch Pad professional stage.

Eight practical modules • Business set-up • Supervised assessment



A structured route to practice

Build technique across three six-hour levels, then turn it into an ethical, viable professional service.

OPTIONAL

Experiential introduction

3 hours

A guided taster and suitability discussion.

STAGE 01

Foundation

6 hours

Two guided practical modules.

STAGE 02

Intermediate

6 hours

Two modules developing variety and responsiveness.

STAGE 03

Advanced

6 hours

Two modules integrating specialised elements.

STAGE 04

Launch Pad professional stage

8 hours

Two hours of business setup plus two three-hour assessed practice sessions.

Core total: 24 practical hours across eight three-hour modules, plus a two-hour business session = 26 hours. An optional three-hour Experiential makes 29 hours; adding Angela Guy's separate one-hour session makes 30 hours.





Experience the work before committing

The three-hour Experiential is a guided introduction, with room to discuss aims and suitability.

Colin and the student give a guided four-hands massage to a female volunteer receiver. The experience lets you feel the structure of a full-body sensual massage, observe Colin's teaching and explore your comfort with boundaries and professional responsibility.

WHY IT MAY BE USEFUL

- Explore your motivation, previous experience and expectations before a substantial commitment.
- Discuss comfort with intimacy, communication, consent and direct practical learning.
- Allow Colin to observe sensitivity, responsiveness and natural aptitude.
- Decide together whether the full pathway is the right next step.

Optional or required after discussion. You may request the Experiential, or Colin may require it as part of assessing suitability. Completing it does not guarantee admission. Students with relevant previous experience may enter the core pathway directly.





Build a complete, dependable routine

Two three-hour modules with two different female volunteers establish your technical and communication foundation.

UNDERSTAND THE RECEIVER

- Learn physiological, emotional and psychological influences on female arousal.
- Discuss reasons clients may seek sensual massage, including curiosity, confidence or difficulty reaching orgasm.
- Practise opening conversations, preferences, boundaries, consent and noticing response.

PRACTICAL FOUNDATION

- Prepare the room, begin calmly and use head, back and full-body therapeutic massage.
- Develop effleurage, kneading, pressure points, body connection and sensual back-of-body touch.
- Introduce agreed breast, nipple, external vulval and clitoral stimulation with responsive pacing.
- Watch demonstrations of introductory internal vaginal and G-spot principles.

Foundation outcome: give a coherent, attentive massage with clear boundaries, instead of a set of isolated movements.





Develop range and adaptability

Two more three-hour modules with two new receivers build on the entire Foundation routine.

ADDITIONAL PRACTICAL SKILLS

- Refine therapeutic strokes and transitions, responding to each woman's preferences.
- Introduce agreed body-to-body contact, balance, safe positioning and oil management.
- Practise supervised internal vaginal massage and G-spot and S-spot exploration.
- Discuss optional external anal work, toys, assertive touch and arousal development as relevant to the receiver.
- Explore techniques that may support female ejaculation without pressure or promised results.

Individual choice matters. A receiver may welcome some elements and decline others. Intermediate builds judgement and confidence; specialised oral, dominant and ejaculation-focused integration is developed further at Advanced level.





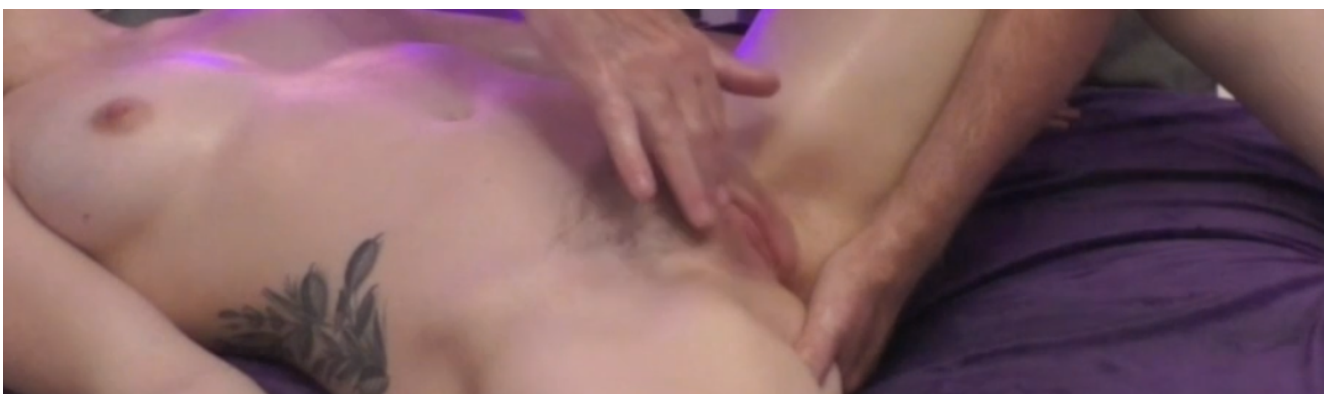
Integrate specialised techniques safely

Two further three-hour modules with new receivers bring the repertoire into a complete, responsive massage.

AREAS OF ADVANCED PRACTICE

- Develop assertive positioning, supported movement and stronger rhythmic stimulation where agreed.
- Explore oral, internal, anal, body-to-body, toy-assisted and reciprocal elements within explicit boundaries.
- Learn positioning associated with female ejaculation and changes in pelvic angle and pressure.
- Manage edging, recovery, re-arousal and possible multiple orgasmic waves without making them a target.

Professional judgement: Advanced teaching does not make every technique a standard service. You decide what is appropriate, lawful, ethical, insurable, within your own boundaries and expressly requested by a client.





Turn learning into professional practice

The final eight-hour stage combines business set-up and two supervised practice and assessment sessions.

2 HOURS / BUSINESS SET-UP

Plan a clear service, treatment space, client pathway, boundaries, pricing and responsible promotion. This session can be taught live in Chelsea or online.

6 HOURS / PROFESSIONAL PRACTICE AND ASSESSMENT

Give two 75-minute professional-style massages to different volunteer receivers within two three-hour supervised modules. Practise managing arrival, consent, the massage and feedback.

The purpose: a skilled massage is only one part of practice. Launch Pad helps you build a service that is clear, discreet, responsible and realistic to operate.





Build a workable, ethical service

The two-hour business session covers the decisions needed before taking paying clients.

POSITIONING AND BRAND

Describe your service, audience, name, visual identity and clear boundaries around what is offered.

TREATMENT SPACE

Plan privacy, cleanliness, equipment, laundry, access, atmosphere and personal security.

CLIENT JOURNEY

Design enquiries, screening, intake, consent, booking, deposits, cancellations and pre-session information.

ETHICS AND RECORDS

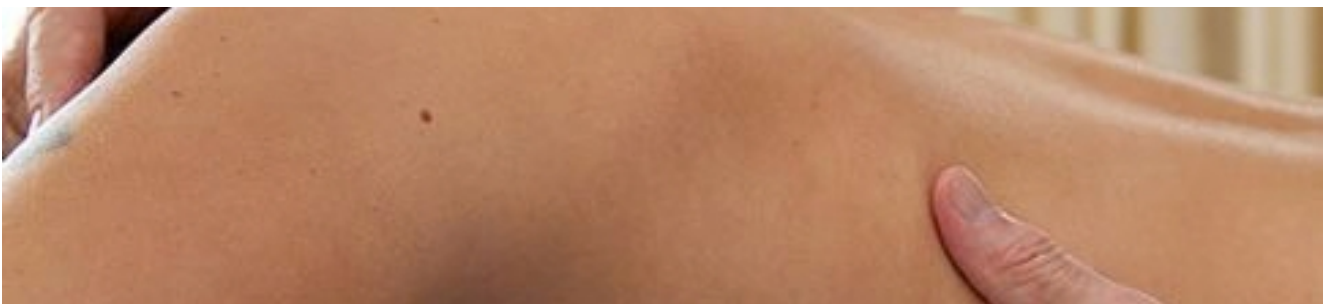
Set standards for confidentiality, professional conduct, safeguarding, aftercare and handling inappropriate requests.

PRICING AND MARKETING

Work through costs, appointment goals, payment methods, website copy, referrals and responsible promotion.

ONGOING SUPPORT

Six months of telephone guidance from Colin as you begin developing the practice.





Two supervised practice massages

Two different volunteer receivers help you demonstrate technique, consent awareness and client care.

01

First professional practice

Manage arrival, opening conversation, preferences and a 75-minute massage as though the receiver were a paying client. Colin observes and assesses the full experience.

02

Second professional practice

Lead a second 75-minute massage with greater independence. After the opening and boundaries are clear, Colin may leave you and the receiver alone.

03

Feedback and reflection

Hear direct receiver feedback and review written assessments. Discuss your pacing, communication, safety and professional judgement.

Certification is earned. Completion of all modules and payments is required, together with appropriate technique, communication, consent awareness, boundaries and professional judgement. The certificate can bear your real name or agreed professional name.



Clear standards for intimate work

The training places personal boundaries and the receiver's autonomy at the centre of professional decisions.

WORKING WITH EIGHT DIFFERENT RECEIVERS

The eight core practical modules involve eight different female volunteers: two each in Foundation, Intermediate, Advanced and the final assessment stage. Differences in body shape, personality, mobility, sensitivity and boundaries help you develop a genuinely responsive practice.

OPTIONAL INDEPENDENT PERSPECTIVE

A separate one-hour professional-development session with Angela Guy is recommended. It provides another perspective and space for personal reflection before intimate client work. It is included in the 30-hour Option 3 and does not replace any practical module or Launch Pad content.

WHAT PROFESSIONAL PRACTICE REQUIRES

Thoughtful client screening; explicit, revisable consent; discreet records; confidentiality; appropriate insurance and legal checks; a safe treatment space; clear service boundaries; and the judgement to decline requests outside them.



Choose a 26-, 29- or 30-hour route

Every option contains the same 26-hour core. The differences are the two optional introductory additions.

OPTION 01

Core Professional Training

26 hours: eight practical modules plus two-hour business set-up.

£3,000

Deposit £1,500

OPTION 02

Core + Experiential

29 hours: Option 1 plus the guided three-hour introduction.

£3,200

Deposit £1,600

OPTION 03

Core + Experiential + Angela Guy

30 hours: Option 2 plus the separate one-hour professional-development session.

£3,300

Deposit £1,650

Three-month commitment: the combined option must start and finish within three months of the first training date. A longer timetable is booked as separate courses at the individual prices then applying.

Payment: a 50% deposit secures dates. The balance is due before training starts unless a written plan is agreed. Up to four payments over three months may be available with a 5% interest and administration charge.



Personal tuition and continued guidance

INCLUDED THROUGHOUT

- Before each module: agenda, volunteer details, preparation and relevant learning material.
- During training: personal coaching, direct correction, selected volunteers, oils, towels, music and refreshments.
- Learning community: Sensual Connect student tutorial videos and relevant student and volunteer groups.
- After successful completion: a certificate, invitation to professional membership and six months of telephone mentoring.

YOUR TUTOR

Colin Richards is a Sex & Intimacy Engineer, Somatic Sensual Masseur and educator. He has worked full-time in this field since 2005, supported more than 10,000 clients, appeared on Channel 5 and in Cosmopolitan, and received more than 320 five-star reviews.

A PAST STUDENT'S EXPERIENCE

"Colin is a master of the field. He has a keen sense of psychology around sexuality and decades of experience. Above all, he is respectful and professional, and working with the volunteers alongside him was a very enriching experience."

— Ash, Massage My Woman student



Start with an application

Colin will discuss your aims and which route fits your experience. Applying does not reserve a place.

COMPLETE THE MESSAGE MY WOMAN APPLICATION FORM

https://intimacymatters.formstack.com/forms/man_to_man_show__maxi_copy_copy_1

- 1 Describe your aims**
Outline motivation, prior experience, circumstances, wellbeing and professional ambitions.
- 2 Discuss suitability**
Colin reviews your aims, potential route and whether the Experiential should be included.
- 3 Review detailed information**
Read the full therapeutic, sensual and erotic course descriptions, which may include explicit educational images.
- 4 Agree the timetable**
Choose a 26-, 29- or 30-hour option and set dates within the three-month combined-course window.
- 5 Secure your place**
Read cancellation terms, then pay the 50% deposit or agree an instalment plan in writing.



Booking terms and contact

DEPOSIT

50% secures dates; the balance is due the day before training unless a written payment plan is agreed.

AT LEAST 72 HOURS

Cancel for a 75% deposit refund or transfer to a start date within 12 weeks.

TWO TO THREE DAYS

Transfer only if a new start date is supplied within seven days and starts within 12 weeks.

WITHIN 24 HOURS OR NO-SHOW

The full deposit is lost. A missed module cannot be repeated or refunded without 24 hours' notice.

COMBINED COMPLETION

All selected modules must finish within three months of the first training date; outstanding modules are not refunded.

PAUSE OR WITHDRAWAL

Supporting evidence of significant illness or personal circumstances may permit a pause. No refund after training begins.

CONTACT COLIN RICHARDS

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[APPLICATION FORM](#)

[REQUEST A FREE 15-MINUTE CALL](#)

Adults aged 18+. Professional tuition is personally guided and consent-based. General enquiry: [send a message](#).