Massage My Woman Courses

QUESTIONS & ANSWERS | Men learning to give sensual massage to women



These questions and answers cover the Experiential, Foundation, Intermediate, Advanced and Professional training options, where applicable. The precise practical content depends on the course level and the receiver's ongoing consent. If your question is not covered, please contact Colin by text or email.

Q1. Who are the Massage My Woman courses designed for?

These courses are for men who want to become more knowledgeable, confident and creative when giving sensual massage and erotic foreplay to women. Whether married, in a relationship, single or simply interested in improving intimate skills, the courses provide practical training in the female body, sensual touch, sexual responsiveness and a complete sensual massage routine.

Q2. Do I need previous massage experience?

No. Many students begin without formal experience. I teach progressively, starting with massage, sensual touch, relaxation and communication before introducing more advanced intimate techniques.

Q3. Whom will I practise on?

I arrange selected adult female volunteer receivers who are comfortable with practical sensual massage training. They give their time voluntarily and are only expected to receive the practice massage and provide feedback. Alternatively, you can bring your wife, partner or a female friend who wishes to receive the massage.

Q4. Will the female volunteer be naked?

The female receiver will be naked for practical demonstrations and massage. The extent of intimate touch is agreed beforehand, and her privacy and consent are always respected.

Q5. Do I have to be naked while giving the massage?

Student nudity is optional. You can remain clothed throughout, or discuss being undressed if you prefer and everyone participating agrees.

Q6. Will I learn about female anatomy and the natural arousal process?

Yes. Understanding female anatomy and sexual responsiveness is central to my teaching. I explain relaxation, anticipation, touch, psychological arousal and physical sensitivity, including why women respond differently to the same stimulation.

Q7. Will the female volunteer become sexually aroused?

Most likely, particularly during practical exercises involving intimate touch, clitoral stimulation and vaginal massage. However, each woman's response is individual, and arousal cannot be guaranteed. I teach you to recognise possible responses while relying on communication rather than assumptions.

Q8. What if I develop an erection while giving the massage?

This is a natural possibility in an intimate environment and need not be embarrassing. It does not create an expectation of sexual activity. The session remains educational and agreed boundaries must be respected. Unless the student requests otherwise, the receiver has the option to touch him non-intimately or intimately while receiving the massage; the focus remains on her pleasure and the student's learning.

Q9. Will I learn intimate genital massage techniques?

Yes. Foundation includes clitoral and external vaginal stimulation; Intermediate includes internal vaginal and G-spot stimulation; Advanced includes ejaculation and oral stimulation. See the Course Content Chart for the techniques taught at each level.

Q10. Will I learn how to help a woman experience orgasm?

You can learn approaches that may support orgasmic pleasure, including stimulation, pacing and communication. Orgasm is never guaranteed and is better regarded as a possible outcome rather than a performance target.

Q11. Will I learn techniques associated with female ejaculation?

Yes. The Advanced course includes education about female ejaculation and relevant intimate techniques. Experiences differ considerably between women. Female ejaculation is not universal, cannot be promised and is not a measure of sexual satisfaction.

Q12. Will I learn to give pleasure without penetration?

Absolutely. Women can experience deeply fulfilling sensual and sexual pleasure without intercourse. The course develops whole-body massage, anticipation, intimate communication and non-penetrative techniques.

Q13. Will I learn how to support multiple orgasms?

Yes. Advanced teaching explores how to recognise individual responses, adjust pacing and stimulation, and allow for rest or continued pleasure according to the receiver’s preferences. Some women experience multiple orgasms and others do not; neither is better or more normal.

Q14. Will I learn about vaginal pulsations and pelvic-floor contractions?

Yes. We discuss rhythmic pelvic-floor contractions that can accompany arousal or orgasm, and how to notice and communicate about changes in sensation. These contractions vary widely and are not a reliable test of whether someone has had an orgasm.

Q15. Will I learn G-spot massage?

Yes. Intermediate training includes education and agreed practice relating to the sensitive area commonly called the G-spot, on the front vaginal wall. Sensitivity and pleasure vary; it is not a distinct anatomical button that works the same way for every woman.

Q16. Will I learn A-spot and D-spot massage?

These terms may be discussed in Advanced training. The A-spot and D-spot are informal names used for proposed areas of sensitivity deeper in the vagina, but they are not universally accepted as separate anatomical structures. Any practical exploration must be gentle, mutually agreed, comfortable and guided by feedback, not a promise of a particular response.

Q17. Can the female volunteer massage or touch me in return?

If touching the giver makes the massage more enjoyable for her, the receiver may touch or arouse him, but this must never be expected. Your primary role is to learn to give massage; hers is to receive. Reciprocal touch is not automatically part of the course. Any additional touch directed towards you must be agreed separately and discussed with me beforehand. You can request not to be touched.

Q18. Will Colin demonstrate the techniques before I practise?

Yes. I explain and demonstrate techniques where appropriate, then guide your practice with constructive feedback. As training progresses, the student takes a more active role and I guide visually.

Q19. Can I bring my wife or girlfriend instead of a volunteer?

Certainly. Some men prefer to learn directly with their partner, helping them understand her individual preferences and develop techniques to enjoy together at home.

Q20. Can sensual massage help if my partner has lost interest in sex?

It can offer a different approach to physical intimacy, particularly when intercourse has become associated with pressure or expectation. Reduced desire has many possible causes, including health, medication, relationship difficulties and stress. The course provides education, not a guaranteed solution.

Q21. Is the course suitable for men of any age?

Absolutely. Many men want to improve intimate skills later in life. Age is not a barrier, and techniques can be adapted to different mobility levels and physical confidence.

Q22. What are the different course levels?

The three-hour Experiential Session is an introduction. The six-hour Foundation Course teaches a structured sensual massage routine with arousal techniques. The six-hour Intermediate Course develops specialised techniques and deeper understanding of female responsiveness. The Advanced Course introduces further intimate techniques, including higher levels of erotic stimulation.

Q23. Can I learn to become a professional female sensual massage practitioner?

Yes. My Professional Practitioner programme develops the practical, interpersonal and business skills required for professional practice.

Q24. Is the course confidential, and can I decline anything that makes me uncomfortable?

Yes. Confidentiality is fundamental. You can decline any activity or stop at any time, and the same protections apply to the volunteer receiver.

Q25. Can I request specific techniques to be shown?

Yes, we can discuss specific requests, but I do not teach role-play or BDSM techniques.

Q26. Can I request a specific age and type of volunteer?

No. I arrange volunteers from those available who reply to the call-out. I do try to roughly match ages if this is mentioned on the application. Please read the volunteer criteria in the course brochure.

Q27. Who will see my application photo?

Your application photo, along with the basic details you provide on the application form, is emailed to all registered female volunteers.

Q28. What type of photo is best to include?

Include at least one clear, dressed photograph, preferably standing and looking at the camera with your face visible. You can send several and I will select the most suitable.

Q29. Do I have to complete the course within a certain time period?

Yes. See the cancellation policy for full details. Foundation: two 3-hour modules within one month. Intermediate: two 3-hour modules within one month. Combined Foundation & Intermediate: within two months. Advanced: two 3-hour modules within one month. Professional Training: eight 3-hour modules within three months.

Q30. If I cannot complete the course within the time period, is there any fee reduction?

No, unless the reason is unavoidable, such as illness, bereavement or another circumstance agreed with me.

Q31. What if my female volunteer receiver has her period?

Menstruation does not automatically require cancellation. If she is comfortable, we can continue with non-intimate massage, communication, clothed or draped demonstrations and other parts of the syllabus. She may decline intimate exercises, and any postponed elements can be discussed separately.

Q32. What if my wife or partner has her period on the course day?

We can usually proceed if she feels comfortable, including without her becoming fully undressed. We can focus on whole-body massage and techniques that do not cause discomfort. If she has pain or prefers not to participate, please contact me to discuss options.

Q33. What about menopause, vaginal dryness or increased sensitivity?

These changes can affect comfort and responsiveness. We can discuss pacing, pressure, lubrication where appropriate and alternatives to intimate touch. Pain is a reason to stop, not push through. Persistent discomfort should be assessed by a healthcare professional.

Q34. What hygiene and health precautions apply?

Clean hands, short nails, fresh linens, appropriate massage products and checking for allergies are important. Intimate touch should be avoided if there are symptoms of infection, sores, irritation or unexplained pain. Health concerns can be discussed privately beforehand.

Q35. What if my partner feels self-conscious about her body?

She can discuss her concerns in advance, remain draped or clothed for suitable parts of the lesson and choose what she is comfortable receiving. The emphasis is on respectful learning, not appearance.

Q36. Do I have to kiss, receive intimate touch or take part in sexual activity?

No. The student's role is to learn to give the agreed massage. Reciprocal touch is never assumed and is subject to separate consent and course boundaries. You may decline any activity.

Q37. Can the receiver change her mind during a demonstration?

Yes. Consent is ongoing and specific. She can pause, change a boundary or stop an exercise at any time without explanation, as can the student.

Q38. Can I choose which intimate techniques to practise on the day?

You may discuss preferences beforehand and decide whether you are comfortable proceeding at the time. Inclusion depends on your course level, the receiver's explicit consent, suitability and available lesson time. No intimate technique is compulsory or guaranteed.