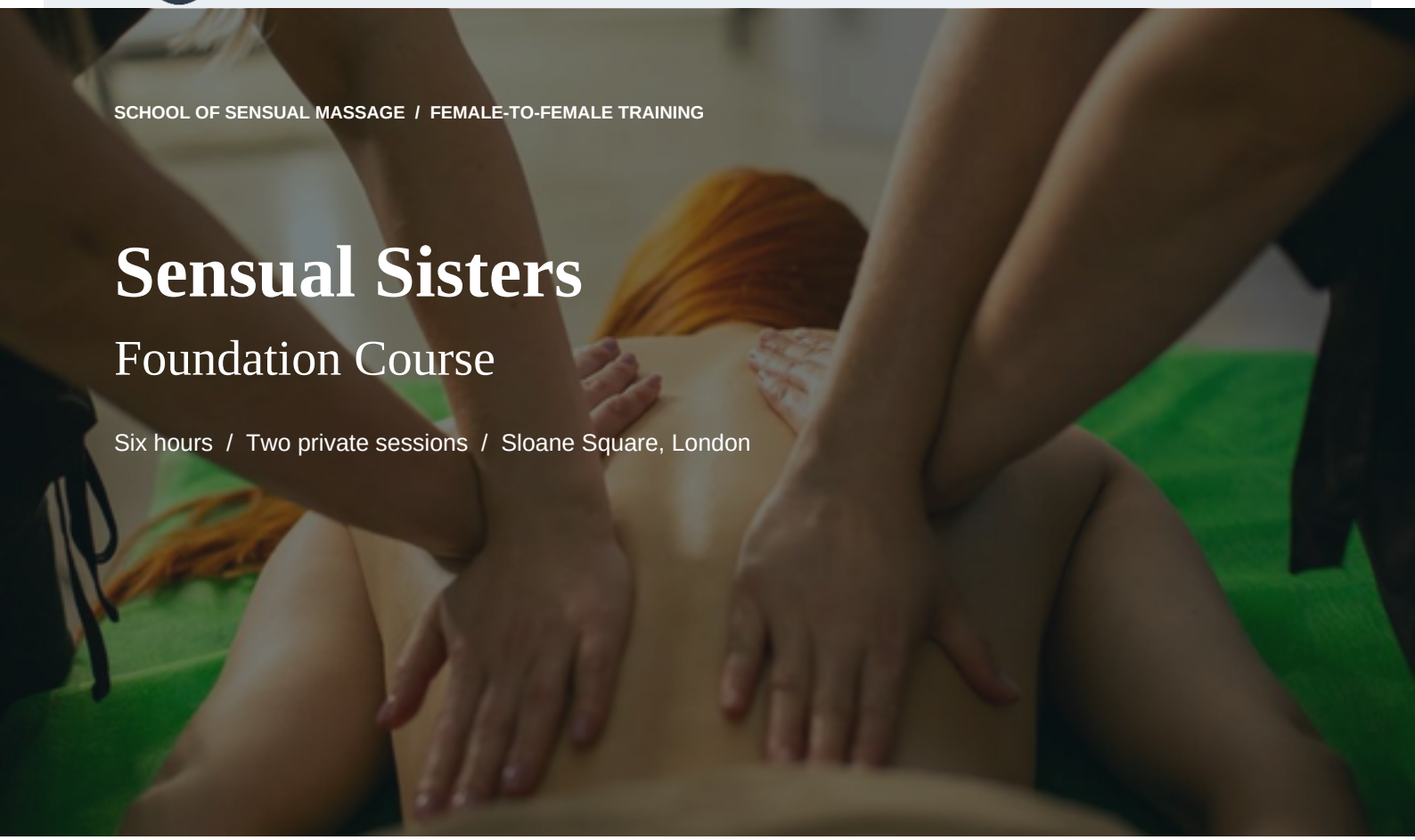
School of Sensual Massage

Courses Events Community



SCHOOL OF SENSUAL MASSAGE / FEMALE-TO-FEMALE TRAINING

Sensual Sisters

Foundation Course

Six hours / Two private sessions / Sloane Square, London

LEARN TO GIVE WITH CONFIDENCE

A practical, consent-led introduction to female-to-female sensual massage

A considered foundation for confident touch

Develop a complete, unhurried massage sequence with personal tuition, guided practice and direct feedback. No previous massage experience is required.

A COMPLETE ROUTINE

Build a head-to-toe sequence.

GUIDED PRACTICE

Learn with Colin beside you.

RESPONSIVE TOUCH

Let comfort and feedback lead.

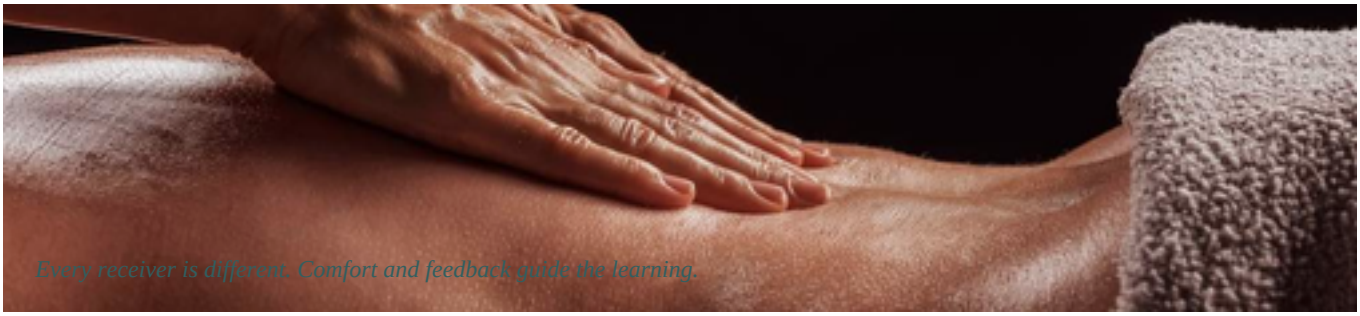
Adults aged 18+ | Ask Colin to confirm current dates, receiver arrangements and fee.

A practical course in sensual connection

The Foundation course gives women structure, time and guided experience to learn responsive sensual massage with another woman. Across six hours, you build a sequence from preparation and therapeutic touch towards agreed, more intimate elements.

WHO THIS COURSE IS FOR

PARTNERS	Women who want to enrich touch, trust and communication in a relationship.
CURIOUS BEGINNERS	Women who want to understand sensual massage and begin with supportive guidance.
ASPIRING PRACTITIONERS	Women exploring a professional pathway and wanting a practical foundation first.
CONFIDENCE BUILDERS	Anyone who wants to respond to a receiver’s preferences rather than rely on guesswork.



Every receiver is different. Comfort and feedback guide the learning.

Learn to notice and respond

Massage is more effective when technique is paired with observation. The receiver's breathing, movement, muscle tone and words can all help you understand how the touch is landing.

YOU WILL PRACTISE HOW TO

BUILD ANTICIPATION

Use pace, pauses and confident, attentive touch.

READ THE RESPONSE

Notice changes in breathing, movement and muscle tone.

COMMUNICATE WELL

Ask about preferences and boundaries while keeping the experience relaxed.

ADAPT YOUR TOUCH

Change pressure, rhythm, position or intention in response to feedback.

UNDERSTAND THE BODY

Learn external anatomy and the principles behind sensual response through clear explanation and demonstration.

REMOVE PERFORMANCE PRESSURE

Understand that arousal and orgasm are possible outcomes, never requirements.

THE CENTRAL SKILL IS RESPONSIVENESS

Learn how to notice what this receiver enjoys, adjust thoughtfully and keep her comfort and boundaries at the centre. A fixed sequence never takes priority over feedback.

Build a complete massage from the start

Learn the setting, opening conversation and a head-to-toe routine that develops gradually from therapeutic to sensual touch.

SETTING AND BEGINNING

OPENING SEQUENCE

Prepare a warm, private and comfortable space. Discuss intention, preferences, health considerations and boundaries before starting. Practise a calm opening, head and scalp massage, towel reveal, feather sweeps and fingertip strokes.

BACK AND SHOULDERS

BACK-BODY SKILLS

Develop therapeutic pressure, effleurage, petrissage and controlled body mechanics. Work with hands, thumbs, forearms and elbows; include shoulders, neck, spine, lower back and sacrum.

BODY CONNECTION

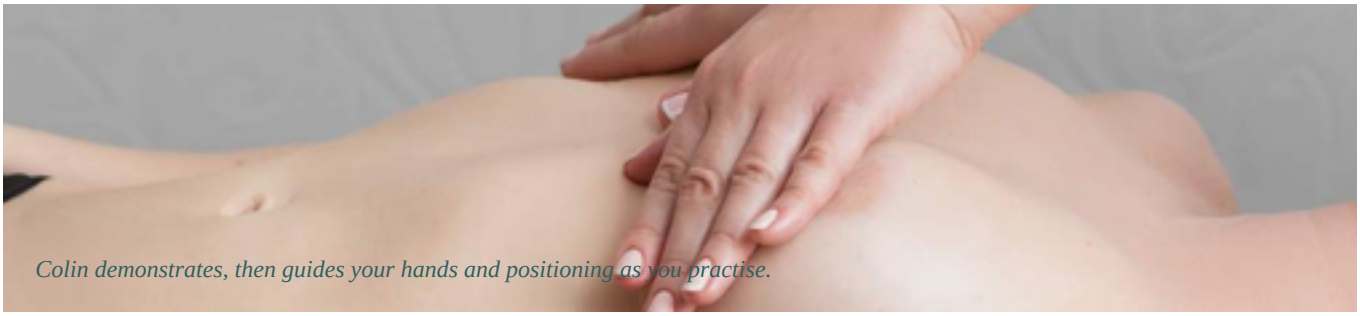
CONNECTED MOVEMENT

Practise side-of-body work, arm slides, crossed-arm strokes, supported stretches and attentive hand-hold feedback. Keep pressure balanced and notice the receiver’s movement.

LEGS AND CLOSING

REST AND CLOSING

Build a flowing sequence through the legs, feet and body. Learn to return to calming therapeutic touch, cover the receiver, offer reassurance and allow time to rest.



Colin demonstrates, then guides your hands and positioning as you practise.

A considered introduction to intimate touch

Foundation introduces more intimate external touch only after it has been discussed and agreed. The receiver’s comfort and ongoing consent guide whether and how the massage progresses.

FOUNDATION INCLUDES GUIDED PRACTICE IN

GRADUAL TRANSITIONS

Move from back-of-body massage towards more sensual touch without rushing.

EXTERNAL INTIMATE TOUCH

Learn agreed external techniques around the groin, vulva and clitoral area, with careful communication and hygiene.

BREAST AND BODY WORK

Explore breast, nipple and abdominal massage only within the receiver’s stated preferences.

PACE AND RESPONSE

Notice when to continue, pause, ease pressure or return to therapeutic massage.



CLEAR PROGRESSION BETWEEN LEVELS

Foundation focuses on therapeutic and agreed external sensual elements. Body-to-body work, internal techniques and reciprocal practice are introduced at Intermediate. Advanced explores further specialist options. Each level builds on judgement, preparation and consent.

Watch, practise and receive feedback

The Foundation course is six hours of private teaching, normally delivered as two three-hour sessions on separate days. A single day may be discussed with Colin.

1

DISCUSSION AND DEMONSTRATION

Talk through female sexuality, sensual response, communication and the receiver's preferences. Colin demonstrates selected movements and explains the purpose behind them.

2

GUIDED HANDS-ON PRACTICE

Join Colin in a supervised massage. Practise sequence, positioning, pressure and transitions; ask questions and adapt to the receiver's feedback.

3

RECEIVER FEEDBACK

Finish each session with time for direct feedback about comfort, style and technique. Review what to practise and discuss possible next steps.



A private, professionally guided setting with time to learn at your own pace.

Choose your next step

Receiver arrangements, current fees, availability and venue details are discussed with Colin before a date is agreed. An enquiry starts a conversation; it does not reserve a place.

WHERE FOUNDATION CAN TAKE YOU

INTERMEDIATE	Develop body-to-body sequence work, reciprocal feedback and supervised internal techniques after Foundation.
ADVANCED	Explore selected specialist approaches after the core routine and responsive judgement are established.
PROFESSIONAL	Build on practical skills with client care, boundaries, assessment and business preparation.

Apply for Foundation training

Tell Colin what you hope to learn and discuss receiver arrangements, dates and any questions. Once the plan, current fee and terms are clear, you can confirm your place.

CONTACT COLIN RICHARDS

colin@intimacymatters.co.uk | +44 (0)7966 522 696
Sloane Square, London SW1X 9DE | schoolofsensualmassage.co.uk

Adults aged 18+. All practical work is professionally guided and subject to agreed, ongoing consent.