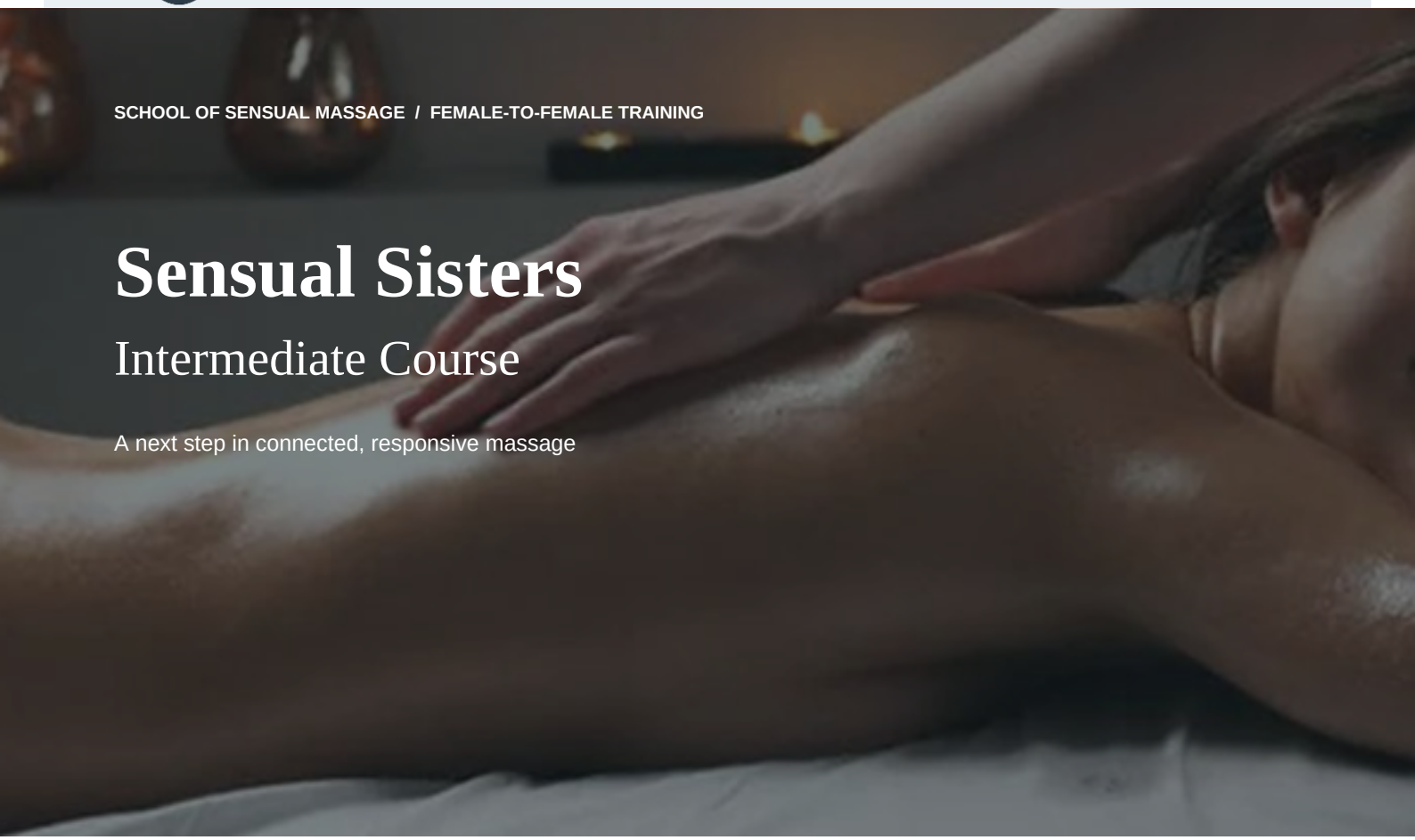


SCHOOL OF SENSUAL MASSAGE / FEMALE-TO-FEMALE TRAINING

Sensual Sisters

Intermediate Course

A next step in connected, responsive massage

BUILD ON YOUR FOUNDATION

Reciprocal touch, body-to-body work and supervised intermediate techniques

Develop greater confidence and connection

For women who have completed Foundation training and want to deepen their massage skills with individual guidance, practical experience and feedback.

RECIPROCAL TOUCH

Give, receive and communicate.

CONNECTED BODYWORK

Explore movement and contact.

RESPONSIVE PRACTICE

Comfort and consent lead.

Adults aged 18+ | Private teaching | Ask Colin about dates, format and current fee.

A natural next step in your learning

Intermediate training builds on the Foundation routine and develops the confidence to give and receive more connected massage. You will practise varied positioning, reciprocal feedback and a more independent flow, while keeping the receiver's preferences and boundaries central.

THIS COURSE IS FOR

FOUNDATION GRADUATES	Women ready to extend the skills and sequence learned at Foundation.
PARTNERS	Women who want to explore more connected massage together.
PRACTITIONERS IN TRAINING	Learners seeking deeper, supervised experience before further study.
PRIOR EXPERIENCE	If your training is elsewhere, discuss suitability with Colin before booking.



Illustrative training scene. Suitability and receiver arrangements are discussed in advance.

Give, receive and respond

Intermediate practice expands your ability to notice what is happening between giver and receiver. Technique, communication and mutual comfort work together; no position or outcome is required.

YOU WILL DEVELOP SKILLS TO

GIVE AND RECEIVE

Take turns with clear agreements and unhurried transitions.

READ THE RESPONSE

Notice words, breath, movement and changes in comfort.

EXPLORE BODY CONTACT

Use body-to-body strokes and carefully controlled weight where agreed.

CHANGE POSITION

Adapt the sequence for comfort, access and a natural flow.

PRACTISE WITH GUIDANCE

Explore intermediate intimate techniques with explanation and supervision.

PAUSE OR ADAPT

Slow down, pause or return to a familiar technique whenever needed.

THE CENTRAL SKILL IS RESPONSIVENESS

Your partner’s feedback guides the pace, pressure and choice of technique. A fixed sequence never takes priority over comfort, boundaries or consent.

Extend the whole-body routine

Build on the Foundation sequence with a face-up transition, more varied contact and supported reciprocal practice.

FACE-UP TRANSITION

TURN AND SETTLE

Cover, turn and settle before continuing. Develop a smooth face-up sequence through the feet, legs, shoulders, neck, arms and hands.

CONNECTED BODYWORK

MOVEMENT AND CONTACT

Explore body-to-body effleurage and careful changes of weight, with attention to positioning, comfort and communication.

RECIPROCAL PRACTICE

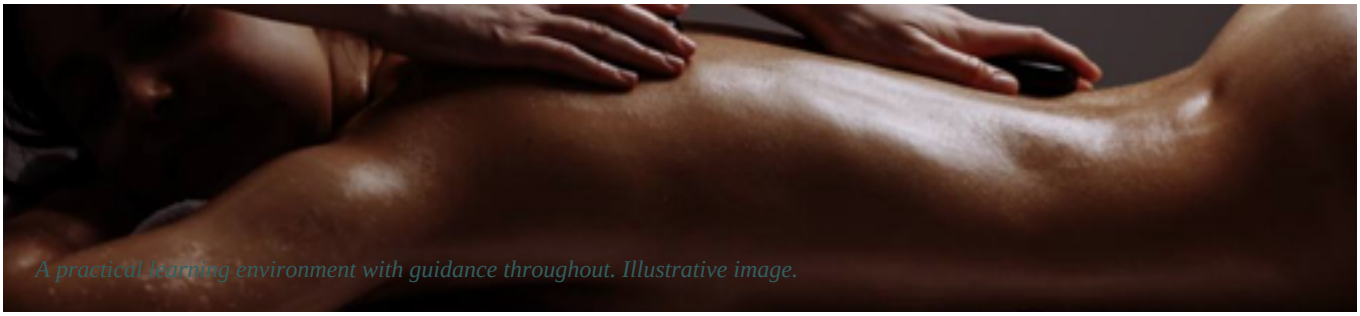
SHARED FEEDBACK

Agree how touch is shared. Notice the receiver’s response, ask, adapt and keep both people’s boundaries in view.

INTERMEDIATE TECHNIQUES

GUIDED DEVELOPMENT

With supervision, explore further intimate techniques and response-led transitions, supported by clear explanation and hygiene guidance.



A practical learning environment with guidance throughout. Illustrative image.

Explore further, at a considered pace

Intermediate introduces additional elements once Foundation skills are established. Colin explains each technique, supports practice and helps you adapt it to the receiver’s stated wishes.

INTERMEDIATE INCLUDES GUIDED WORK IN

RECIPROCAL TOUCH

Agree when and how the receiver may offer touch in return, with ongoing communication.

BODY-TO-BODY MASSAGE

Explore connected strokes and careful body-weight techniques where both people are comfortable.

SENSORY-TOOL STROKES

Learn selected, light massage-fork strokes as an additional sensory element, where agreed.

INTERNAL TECHNIQUES

Learn relevant anatomy, preparation and supervised technique only with explicit, ongoing consent.

READING AROUSAL AND COMFORT

Notice responses, pause or change approach; arousal is never treated as consent or a required result.



CLEAR PROGRESSION BETWEEN LEVELS

Intermediate develops the Foundation routine with reciprocal and body-to-body practice and supervised internal techniques. Advanced-only options are taught separately. Each stage builds on judgement, preparation, hygiene and consent.

Practise with support, then build independence

The Intermediate course is normally arranged as two whole-body modules. Practice moves from guided four-hand work towards a more student-led two-hand massage, with Colin close by to demonstrate, answer questions and give feedback. Colin will confirm session length, receiver arrangements, dates and current fee with you.

1

DISCUSSION AND DEMONSTRATION

Review Foundation skills, aims, boundaries and relevant health considerations. Colin demonstrates additional movements and explains positioning and response.

2

GUIDED PRACTICE

Practise the sequence with support, building timing, transitions and reciprocal communication at a comfortable pace.

3

FEEDBACK AND NEXT STEPS

Review what felt effective, receive clear practical feedback and discuss what to practise before progressing further.



Illustrative practice scene. All hands-on work is agreed in advance and guided.

Continue your training

Talk with Colin about your Foundation experience, learning aims, suitable receiver arrangements, available dates and current fees. An enquiry begins a conversation; it does not reserve a place.

WHERE INTERMEDIATE CAN TAKE YOU

ADVANCED	Explore further specialist options after the core sequence and responsive judgement are established.
PROFESSIONAL	Discuss a separate pathway towards practical client care, boundaries, assessment and business preparation.
PERSONAL PRACTICE	Use the skills you have learned to develop communication, confidence and connection with a partner.

Enquire about Intermediate training

Tell Colin what you have covered at Foundation and what you hope to develop. You can discuss receiver arrangements, dates, format and any questions before deciding whether to book.

CONTACT COLIN RICHARDS

colin@intimacymatters.co.uk | +44 (0)7966 522 696
Sloane Square, London SW1X 9DE | schoolofsensualmassage.co.uk

Adults aged 18+. All practical work is professionally guided and subject to agreed, ongoing consent.